Date: November 02, 2026

To, **National Stock Exchange of India Limited,** Exchange Plaza, C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai – 400051 NSE Scrip Symbol: **PARASHLTH**	To, **BSE Limited,** Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400001 BSE Scrip Code: **545005**

Subject: Prior Intimation of Board Meeting under Regulation 29 and 33 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations")

Dear Sir/Madam,

Pursuant to Regulation 29 and 33 of the SEBI Listing Regulations, as amended, we wish to inform you that a meeting of the Board of Directors of the Company is scheduled to be held on Thursday, November 05, 2026, *inter-alia*, to consider and approve the Unaudited Standalone and Consolidated Financial Results ('Financial Results') of the Company for the quarter and half year ended September 30, 2026.

Further, in continuation to our intimation dated October 28, 2026, the Trading window for dealing in securities of the Company is closed for all the Designated Persons and their immediate relatives with effect from October 28, 2026, and will remain closed till 48 hours after the declaration of Financial Results of the Company for the quarter and half year ended September 30, 2026.

This disclosure will also be hosted on the Company's website at https://www.parashospitals.com/investors.

We request you to kindly take the same on record.

Thanking you.

For **Paras Healthcare Limited**

Rahul Kumar
Digitally signed by Rahul Kumar
Date: 2026.11.02 18:52:58 +05'30'

Rahul Kumar
Company Secretary and Compliance Officer
ICSI Membership No.: A20928