

Date: 20th July, 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Case Studies.

Dear Sir/Madam,

Pursuant to Regulation 30 of SEBI (LODR) Regulations, 2015, we wish to inform you that case studies authored by our research officers and professionals associated with Jeena Sikho Lifecare Limited, including our Managing Director, senior consultants, and Ayurvedic experts, have been published in the “*International Journal of Advanced Research (IJAR)*”.

These publications demonstrate the Company’s ongoing commitment to Ayurvedic research and evidence-based clinical practice. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Case Study	Ayurvedic Management of Chronic Kidney Disease (Vrikka Vikara) with Reference to Mutravah Sroto Dushti: A Case Study	https://www.journalijar.com/article/60358/ayurvedic-management-of-chronic-kidney-disease-vrikka-vikara-with-reference-to-mutravah-sroto-dushti-a-case-study/
2.	Case Study	Role of Ayurveda in The Management of Vrikka Vikar (Kidney Disorders): A Case Study	https://www.journalijar.com/article/60369/role-of-ayurveda-in-the-management-of-vrikka-vikar-kidney-disorders-a-case-study/

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

Links of all the case studies are enclosed for your records.

The above information is also available on the Company's website at www.jeenasikho.com

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 20.07.2026**

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