

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

Date: 30.09.2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
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Dear Sir/Madam,

Subject: Proceeding of Annual General Meeting of Talwalkars Better Value Fitness Limited ("the Company") held on today i.e., Wednesday, 30th September 2026

In terms of Regulation 30 read with Part A of Schedule III of the Listing Regulations, we enclose herewith a summary of the proceedings of the Annual General Meeting of the Company held on Wednesday, 30th September 2026 at 11:30 A.M (IST) at registered office of the Company situated at 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053.

By the order of the Board of Directors

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

MEENA ARVIND
BHANUSHALI
Digitally signed by MEENA
ARVIND BHANUSHALI
Date: 2026.09.30 14:46:40 +05'30'

Meena Arvind Bhanushali

Managing Director

DIN: 10816424

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SUMMARY OF THE PROCEEDINGS OF THE ANNUAL GENERAL MEETING OF TALWALKARS BETTER VALUE FITNESS LIMITED

The Annual General Meeting ("AGM") of the Company was held on Wednesday, 30th September 2026 at 11:30 A.M (IST) at registered office of the Company situated at 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

Ms. Shilpa Singh, Chairman & Non-Executive Director of the Company was taking the Chair and upon the requisite Quorum the Chair has called the meeting in order.

The Chairman read out the Notice convening the Annual General Meeting ("AGM") and apprised the members of the future plans and proposed activities of the Company.

Thereafter, the Chairman requested the members to cast their votes on the resolutions as set out in the Notice of the AGM.

The Chairman further informed the members that the Company had provided an e-voting facility to the members for voting on the resolutions, which commenced on Sunday, 27th September 2026 at 9:00 A.M. and concluded on Tuesday, 29th September 2026 at 5:00 P.M.

The Chairman also informed the members that the results of the e-voting conducted during the aforesaid period, together with the results of the ballot voting conducted by the members at the AGM, would be declared and submitted to BSE Limited ("BSE") and the National Stock Exchange of India Limited ("NSE") and would be made available on their respective websites within two working days from the conclusion of the AGM.

S.N.	Particulars	Type of Resolution
	Ordinary Business	
1.	Adoption of Financial Statements for the FY 2025-26	Ordinary Resolution
2.	To appointment Ms. Shilpa Singh [DIN 08448114] as Non-Executive Non-Independent Director, who retires by rotation, and being eligible, offers himself for re-appointment.	Ordinary Resolution
3.	To Appointment of M/s. S K Bhavsar & Co, Chartered Accountant, (FRN FRN:5880W) as Statutory Auditor of the Company for a period of five years	Ordinary Resolution
	Special Business	
4.	To Regularization of Additional and Managing Director, Ms. Meena Arvind Bhanushali [DIN: 10816424] as Managing Director of the Company.	Ordinary Resolution
5.	Adoption of New Set Memorandum of Association and Insertion of Additional Main Objects	Special Resolution
6.	To Appointment of M/s. Pooja M Patel & Associates, Practicing Company Secretary as Secretarial Auditor of the Company for a first term of five years	Ordinary Resolution

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The Chairman had given the vote of thanks at the end of the Meeting to all the Attendees.

The Annual General Meeting of the Company was Concluded at 12:30 P.M.

Kindly take the same on your records.

For, **Talwalkars Better Value Fitness Limited**

MEENA ARVIND Digitally signed by MEENA
BHANUSHALI ARVIND BHANUSHALI
Date: 2026.09.30 14:47:06
+05'30'

Meena Arvind Bhanushali

Managing Director

DIN: 10816424