



Date: October 30, 2026

To, National Stock Exchange of India Limited, Exchange Plaza, C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai – 400051 NSE Scrip Symbol: PARASHLTH	To, BSE Limited, Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400001 BSE Scrip Code: 545005
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Subject: Disclosure under Regulation 29(1) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011, as amended (“SEBI SAST Regulations”)

Dear Sir/Madam,

Please find enclosed the disclosure received by the Company today, i.e., October 30, 2026, being the Target Company under the SEBI SAST Regulations, from the below persons, being the Acquirer under the SEBI SAST Regulations, along with the persons acting in concert (“PAC”) with it, pursuant to Regulation 29(1) of the SEBI SAST Regulations.

Name(s) of the acquirer and Persons Acting in Concert (“PAC”) with the acquirer
360 ONE Special Opportunities Fund – Series 9
360 ONE Special Opportunities Fund – Series 10
360 ONE Special Opportunities Fund – Series 11
360 ONE Special Opportunities Fund – Series 12
360 ONE Special Opportunities Fund – Series 13
360 ONE Private Equity Fund- Series 2
360 ONE Equity Opportunity Fund- Series 4

This disclosure will also be hosted on the Company’s website at <https://www.parashospitals.com/investors>.

You are requested to take the same on your record.

Thanking you.

For **Paras Healthcare Limited**

Rahul Kumar
Digitally signed
by Rahul Kumar
Date:
2026.10.30
16:38:09 +05'30'

Rahul Kumar
Company Secretary and Compliance Officer
ICSI Membership No.: A20928

Encl.: As above

PARAS HEALTHCARE LIMITED

(Formerly known as “Paras Healthcare Private Limited”)

Registered office: 1 st Floor, Tower B, Paras Twin Towers, Golf Course Road, Sector 54, Gurugram, Haryana 122002

Tel.: +91 124 4302163 | contact@parashospitals.com | www.parashospitals.com | CIN: U85110HR1987PLC035823

October 30, 2026

To,
Paras Healthcare Limited
 1st Floor, Tower-B, Paras Twin Towers,
 Golf Course Road, Sector-54, Gurgaon,
 Gurugram, Haryana, India, 122002

Dear Sir/Madam,

Sub: Disclosure under Regulation 29 and Regulation 29(3) of SEBI (Substantial Acquisition of Shares and Takeover) Regulations, 2011 ("SAST Regulations")

Pursuant to Regulation 29 of SEBI (Substantial Acquisition of Shares and Takeover) Regulations, 2011, any person together with persons acting in concert with him, holds shares or voting rights entitling them to five per cent or more of the shares or voting rights in a target company, shall disclose the number of shares or voting rights held and change in shareholding or voting rights, even if such change results in shareholding falling below five per cent, if there has been change in such holdings from the last disclosure made; and such change exceeds two per cent of total shareholding or voting rights in the target company, in such form as may be specified.

Further, pursuant to Regulation 29(3) of SEBI (Substantial Acquisition of Shares and Takeover) Regulations, 2011, the aforesaid disclosures shall be made within two working days of the receipt of intimation of allotment of shares, or the acquisition, or the disposal of shares or voting rights in the target company to –

- (a) every stock exchange where the shares of the target company are listed; and
- (b) the target company at its registered office.

In this regard, please find enclosed disclosures under Regulation 29 of SAST Regulations. We request you to take the same on your records.

Thanking you,

Yours sincerely,

For 360 ONE Alternates Asset Management Limited (Investment Manager) VIJAY SATISH SHAH <small>Digitally signed by VIJAY SATISH SHAH Date: 2026.10.30 11:28:51 +05'30'</small> Vijay Shah Compliance Officer	For 360 ONE Asset Management Limited (Investment Manager) SONALI ASHOK TENDULKAR <small>Digitally signed by SONALI ASHOK TENDULKAR Date: 2026.10.30 11:33:25 +05'30'</small> Sonali Tendulkar Compliance Officer
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Encl: Aa

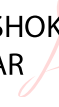
Format for Disclosures under Regulation 29(1) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

Part –A- Details of the Acquisition

Name of the Target Company (TC)	PARAS HEALTHCARE LIMITED		
Name(s) of the acquirer and Persons Acting in Concert (PAC) with the acquirer	Scheme		
	360 ONE Special Opportunities Fund – Series 9		
	360 ONE Special Opportunities Fund- Series 10		
	360 ONE Special Opportunities Fund- Series 11		
	360 ONE Special Opportunities Fund- Series 12		
	360 ONE Special Opportunities Fund- Series 13		
	360 ONE Private Equity Fund- Series 2		
	360 ONE Equity Opportunity Fund- Series 4		
Whether the acquirer belongs to Promoter/Promoter group	No		
Name(s) of the Stock Exchange(s) where the shares of TC are Listed	BSE Limited NSE Limited		
Details of acquisition as follows	Number	% w.r.t. total share/ voting capital wherever applicable (*)	% w.r.t. total diluted share/ voting capital of the TC (**)
Before the acquisition under consideration, holding of acquirer along with PACs of:	78,81,992	7.28%	7.28%
a) Shares carrying voting rights			
b) Shares in the nature of encumbrance (pledge/ lien/ non-disposal undertaking/ others)			
c) Voting rights (VR) otherwise than by equity shares			

<p>d) Warrants/ convertible securities/ any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category)</p> <p>e) Total (a+b+c+d)</p>			
<p>Details of acquisition</p> <p>a) Shares carrying voting rights acquired</p> <p>b) VRs acquired otherwise than by equity shares</p> <p>c) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) acquired.</p> <p>d) Shares in the nature of encumbrance (pledge/ lien/ non-disposal undertaking/ others)</p> <p>e) Total (a+b+c+/-d)</p>	Nil	NA	NA
<p>After acquisition, holding of acquirer along with PACs of:</p> <p>a) Shares carrying voting rights</p> <p>b) Shares in the nature of encumbrance (pledge/ lien/ non-disposal undertaking/ others) Shares pledged with the acquirer.</p> <p>c) VRs otherwise than by equity shares</p> <p>d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) after disposal</p>	78,81,992	7.28%	7.28%

e) Total (a+b+c+d)			
Mode of acquisition (e.g. open market/ public issue/ rights issue/ preferential allotment/ inter-se transfer, etc.)	Unlisted shares conversion into listed shares on account of an IPO		
Date of acquisition of shares VR/ warrants/ convertible securities/ any other instrument that entitles the acquirer to receive shares in the TC.	October 28, 2026 (listing date)		
Equity share capital/ total voting capital of the TC before the said acquisition	10,82,01,194 Shares as per shareholder pattern as on October 27, 2026 disclosed on BSE.		
Equity share capital/ total voting capital of the TC after the said acquisition	10,82,01,194 Shares as per shareholder pattern as on October 27, 2026 disclosed on BSE.		
Total diluted share/ voting capital of the TC after the said acquisition	10,85,00,790 Shares as per shareholder pattern as on October 27, 2026 disclosed on BSE.		

For 360 ONE Alternates Asset Management Limited (Investment Manager)  VIJAY SATISH SHAH Digitally signed by VIJAY SATISH SHAH Date: 2026.10.30 11:28:51 +05'30' Vijay Shah Compliance Officer	For 360 ONE Asset Management Limited (Investment Manager)  SONALI ASHOK TENDULKAR Digitally signed by SONALI ASHOK TENDULKAR Date: 2026.10.30 11:33:25 +05'30' Sonali Tendulkar Compliance Officer
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Place: Mumbai
Date: October 30, 2026

Note:

(*) Total share capital/ voting capital to be taken as per the latest filing done by the company to the Stock Exchange under Clause 35 of the listing Agreement for the listing date October 28, 2026.

(**) Diluted share/voting capital means the total number of shares in the TC assuming full conversion of the outstanding convertible securities/warrants into equity shares of the TC.