

June 06, 2026

To,
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
NSE Symbol: SFL

Subject: Disclosure under Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015: Cessation of Independent Directors on completion of tenure.

Dear Sir/Madam,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations"), we wish to inform you that the second consecutive term of appointment of Mr. Som Mittal (DIN: 00074842), Mr. Ravindra Dhariwal (DIN: 00003922) and Mr. Anil Tandon (DIN: 00089404) as Non-Executive Independent Directors of the Company concluded on June 06, 2026. Accordingly, they ceased to be Independent Directors of the Company with effect from the close of business hours on June 06, 2026, upon completion of their respective terms of office.

Consequent upon the cessation of office of Mr. Som Mittal, Mr. Ravindra Dhariwal and Mr. Anil Tandon as Non-Executive Independent Directors of the Company, their respective memberships and chairmanships on the Committees of the Board, wherever applicable, also ceased with effect from the close of business hours on June 06, 2026.

The relevant details as required under Regulation 30 read with Schedule III of the SEBI Listing Regulations, 2015, are enclosed as **Annexure A**.

Submitted for your information and records.

Thanking You,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91-120-4868400 •Email: investorrelation@sheelafoam.com • contactus@sheelafoam.com

Regd. Office: 1002 to 1006 The Avenue, International Airport Road, Opp Hotel Leela Sahar,

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Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN- L74899MH1971PLC427835

Annexure A

Relevant details as required under Regulation 30 read with Schedule III of SEBI Listing Regulations, 2015

1. Mr. Som Mittal (DIN: 00074842), Non-Executive, Independent Director.

Sr. No.	Particulars	Details
1.	Reason for change viz. appointment, re-appointment, resignation, removal, death or otherwise	Cessation on completion of second term as an Independent Director of the Company
2.	Date of appointment/re-appointment/ cessation (as applicable) & term of appointment/re-appointment	June 06, 2026
3.	Brief profile (in case of appointment)	Not Applicable
4.	Disclosure of relationships between directors (in case of appointment of a director)	Not Applicable

2. Mr. Ravindra Dhariwal (DIN: 00003922), Non-Executive, Independent Director.

Sr.No.	Particulars	Details
1.	Reason for change viz. appointment, re-appointment, resignation, removal, death or otherwise	Cessation on completion of second term as an Independent Director of the Company
2.	Date of appointment/re-appointment/ cessation (as applicable) & term of appointment/re-appointment	June 06, 2026
3.	Brief profile (in case of appointment)	Not Applicable
4.	Disclosure of relationships between directors (in case of appointment of a director)	Not Applicable

3. Mr. Anil Tandon (DIN: 00089404), Non-Executive, Independent Director.

Sr. No.	Particulars	Details
1.	Reason for change viz. appointment, re-appointment, resignation, removal, death or otherwise	Cessation on completion of second term as an Independent Director of the Company
2.	Date of appointment/re-appointment/ cessation (as applicable) & term of appointment/re-appointment	June 06, 2026
3.	Brief profile (in case of appointment)	Not Applicable
4.	Disclosure of relationships between directors (in case of appointment of a director)	Not Applicable

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