

September 22, 2026

To,
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation of schedule of Investor/Analyst meeting under Para A of Part A of Regulation 30(6) of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

Dear Sir/Madam,

With reference to the subject cited above, we hereby inform you that, pursuant to Para A of Part A of Regulation 30(6) of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015 the management of the Company, through its representatives will be participating in Meetings/event/conference as per below given details:

Date of Meeting	Analysts / Institutional Investors / Organization /Event	Meeting Mode / Venue	Type of Meeting	Time
29.09.2026	Bharat Connect Conference: Rising Stars - September 2026	Virtual	Group Investor Meeting	11:00 AM

Please note that this schedule might change due to unforeseen circumstances involving the Analysts, Investors, or the Company.

No unpublished price sensitive information (UPSI) is intended to be discussed during the interactions. Submitted for your information and records.

Thanking You,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower, Sector 135, Noida- 201301

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