



May 14, 2026

To

The BSE Limited

Phiroze Jeejeebhoy Towers

Dalal Street, Mumbai-400001

Scrip Code: 540203

The National Stock Exchange India Limited

Exchange Plaza, Bandra Kurla Complex

Bandra(E), Mumbai-400051

NSE Symbol: SFL

Sub: Allotment of Shares under Sheela Foam Limited – Employees Stock Option Plan 2022 (“SF ESOP - 2022”).

Respected Sir / Ma’am,

Pursuant to Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we wish to inform you that the Board of Directors of the Company at their meeting held on **May 14, 2026** has in accordance with the terms of **SF ESOP – 2022** allotted **4,390** equity shares of face value Rs. 5/- each in the share capital of the Company for cash to the eligible employees of the Company who exercised their stock options under **SF ESOP – 2022**. These shares shall rank pari passu, in all respects with the existing equity shares of the Company. After allotment of aforesaid equity shares, the share capital of the Company stands increased from 10,91,98,924 to 10,92,03,314.

In terms of Regulation 10(c) of the SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021 (“ESOP Regulation 2021”), the details of shares allotted are annexed herewith as **Annexure I**.

The intimation is also being uploaded on the Company's website at www.sheelafoam.com

Kindly take the above-mentioned information on record.

Thanking You,

Yours Faithfully,

For Sheela Foam Limited

Md Iquebal Ahmad
Company Secretary and Compliance Officer

Encl: As above.

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91-120-4868400 •Email: contactus@sheelafoam.com

Regd. Office: 1002 to 1006 The Avenue International Airport Road, Opp Hotel Leela Sahar,
Andheri East, Mumbai, Maharashtra, India, 400059 • Ph: Int-91-22-28265686/88/89

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN- L74899MH1971PLC427835



Annexure -A

Disclosure pursuant to Regulation 10(c) of SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021:

Sr. No.	Particulars	Responses
1.	Company name and address of Registered Office	Sheela Foam Limited 1002 to 1006 The Avenue International Airport Road, Opp Hotel Leela Sahar, Andheri East, Mumbai, Maharashtra, India, 400059
2.	Name of the recognised Stock Exchanges on which the company's shares are listed	Bombay Stock Exchange (BSE) National Stock Exchange of India Limited (NSE)
3.	Filing date of the statement referred in regulation 10(b) of the Securities and Exchange Board of India (Share Based Employee Benefits and Sweat Equity) Regulations, 2021 with the recognised Stock Exchange	15/09/2022
4.	Filing Number, if any	BSE filing No. 159916 NSE filing no. 32545
5.	Title of the Scheme pursuant to which shares are issued, if any	Sheela Foam Limited – Employees Stock Option Plan 2022 (“SF ESOP - 2022”)
6.	Kind of security to be listed	Equity
7.	Par value of the shares	Rs. 5/-
8.	Date of issue of shares	14-05-2026
9.	Number of shares issued	4,390
10.	Share Certificate No., if applicable	N.A.
11.	Distinctive number of the share, if applicable	10,91,98,925 to 10,92,03,314
12.	ISIN Number of the shares if issued in Demat	INE916U01025
13.	Exercise price per share	4,390 Equity shares @ ₹5/- per share
14.	Premium per share	NIL
15.	Total issued shares after this issue	10,92,03,314
16.	Total issued share capital after this issue	Rs. 54,60,16,570
17.	Details of any lock-in on the shares	N.A.
18.	Date of expiry of lock-in	N.A.
19.	Whether shares are identical in all respects to existing shares? If not, when will they become identical?	All the allotted equity shares pursuant to exercise of stock options are identical to the existing equity shares of the Company
20.	Details of listing fees, if payable	N.A.

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