

Date: 4th September 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited , Exchange Plaza. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSL	To, Head – Listing Operations Corporate Relationship Department, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Subject: Intimation under Regulation 30 read with Schedule III of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 (“Listing Regulations”)

Dear Sir/Madam,

Pursuant to Regulation 36(1)(b) of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("Listing Regulations"), we hereby inform you that the Company has dispatched a physical communication to those Members whose e-mail addresses are not registered with the Company, its Registrar and Share Transfer Agent, Skyline Financial Services Private Limited, or their respective Depository Participant(s).

The aforesaid communication provides the web-link through which the Integrated Annual Report of the Company for the Financial Year 2025-26 and the Notice convening the 9th Annual General Meeting of the Company can be accessed on the Company's website.

A copy of the aforesaid communication is enclosed herewith as **Annexure 1**.

The said information will also be uploaded on the website of the Company at www.jeenasikho.com

You are requested to take the above information on record.

Thanking you.

Yours faithfully,

For Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab
Date: 04.09.2026

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

Annexure 1

Jeena Sikho Lifecare Limited
(CIN: L52601PB2017PLC046545)
Registered Office: SCO 11 First Floor, Kalgidhar Enclave, Mohali, Zirakpur,
Punjab, India, 140604
Telephone: 91-0172-513185
E-mail: cs@jeenasikho.com, Website: www.jeenasikho.com
Through Ordinary Post / Registered Post / Speed Post

Ref:

To
Name of Shareholder
Address
Pin Code

Sub: Notice of 9th Annual General Meeting (AGM) of Jeena Sikho Lifecare Limited and Annual Report for the Financial Year 2025-26

Dear Sir(s),

We are pleased to inform you that the **9th Annual General Meeting ('AGM')** of Jeena Sikho Lifecare Limited ("The Company") is scheduled to be held on Monday, 28th September, 2026 at 12:00 Noon (IST) at First Floor, Parle G Godown, City Enclave, Back Side Jp Hospital, Near Anand Complex, Zirakpur, Main Road, SAS Nagar, Punjab 140603.

As per Regulation 36 (1) (b) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, ('SEBI Listing Regulations, 2015'), as amended, the web-link, including the exact path, where complete details of the Annual Report are available is required to be sent to those member(s) who have not registered their email address(es) either with the Company or with any Depository or Skyline Financial Services Private Limited, Registrar & Share Transfer Agent (RTA) of the Company.

Accordingly, Exact paths where the Annual Report 2025-26 together with Notice calling 9th Annual General Meeting, and the Explanatory Statement are available:

Web-link for AGM Notice: <https://jeenasikho.com/wp-content/uploads/2026/09/Notice-of-9th-Annual-General-Meeting.pdf>

Web-link for Annual Report: <https://jeenasikho.com/wp-content/uploads/2026/09/Annual-Report-2026.pdf>

This letter is being sent to those member(s) who have not registered their email address(es) either with the Company or with any Depository or RTA of the Company as on the **Cut-off Date i.e. 28th August, 2026.**

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This is also a reminder to update KYC details pursuant to SEBI Master Circular No. SEBI/HO/MIRSD/POD-1/P/CIR/2024/37 dated May 07, 2024, and to dematerialise physical securities. The circular issued by SEBI mandates all the listed companies to record PAN, Address with PIN code, Mobile Number, Bank Account details, Specimen Signature and choice of Nomination of shareholders holding securities in physical mode. While updating Email ID is optional, the security holders are requested to register email id also to avail online services. This is applicable for all shareholders holding securities in physical mode.

The aforesaid SEBI Circular also mandates that security holders holding in physical mode whose folios do not have PAN, Choice of Nomination, Contact details, Bank Account details and Specimen Signature updated, shall be eligible for any payment including dividend, interest or redemption payment in respect of such folios, only through electronic mode with effect from April 1, 2024.

In case of any queries, shareholders may write to the Company Secretary at the Company's email address at investors@jeenasikho.com

Moreover, you either are also requested to update your email address at the earliest, through your depository participants for shares held in electronic form or send a communication to the Company / RTA, to facilitate the updation and to continue receiving all important information & documents thereafter via electronic mode. The detailed process for registering the email addresses is provided in the Notice convening the AGM.

Please quote your Folio No / DPID-Client Id in all future communication with us.

Your Folio No / DPID-Client Id -

Thanking you,

Yours sincerely,

For Jeena Sikho Lifecare Limited

Sd/-

Priya Goyal

Company Secretary & Compliance Officer

Date: 04.09.2026

Place: Zirakpur, Punjab

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