

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: Grd Flr, Mangal Simran Off Turner Rd, 20th Rd, Bandra West, Mumbai City, Mumbai-400050, Maharashtra, India

Email Id: talwalkarbetter@gmail.com

Contact No. +91 98199 44575

Date: 26-05-2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
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Dear Sir/Madam,

Subject: Intimation of Board Meeting -Talwalkars Better Value Fitness Limited ("the Company")

Pursuant to the provisions of Regulation 29 and Regulation 33 of the Securities and Exchange Board of India (Listing Obligations & Disclosure Requirements), Regulations, 2015, we wish to inform you that the Meeting of the Board of Directors of the Company is scheduled to be held on Saturday, 30th May 2026, to consider and approve the following agenda items:

01. Unaudited Standalone Financial Results for the Quarter ended September 30, 2019, along with Limited Review Report
02. Unaudited Standalone Financial Results for the Quarter ended December 31, 2019, along with Limited Review Report
03. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2020, along with Audit Report
04. Unaudited Standalone Financial Results for the Quarter ended June 30, 2020, along with Limited Review Report
05. Unaudited Standalone Financial Results for the Quarter ended September 30, 2020, along with Limited Review Report
06. Unaudited Standalone Financial Results for the Quarter ended December 31, 2020, along with Limited Review Report
07. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2021, along with Audit Report
08. Unaudited Standalone Financial Results for the Quarter ended June 30, 2021, along with Limited Review Report
09. Unaudited Standalone Financial Results for the Quarter ended September 30, 2021, along with Limited Review Report

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10. Unaudited Standalone Financial Results for the Quarter ended December 31, 2021, along with Limited Review Report
11. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2022, along with Audit Report
12. Unaudited Standalone Financial Results for the Quarter ended June 30, 2022, along with Limited Review Report
13. Unaudited Standalone Financial Results for the Quarter ended September 30, 2022, along with Limited Review Report
14. Unaudited Standalone Financial Results for the Quarter ended December 31, 2022, along with Limited Review Report
15. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2023, along with Audit Report
16. Unaudited Standalone Financial Results for the Quarter ended June 30, 2023, along with Limited Review Report
17. Unaudited Standalone Financial Results for the Quarter ended September 30, 2023, along with Limited Review Report
18. Unaudited Standalone Financial Results for the Quarter ended December 31, 2023, along with Limited Review Report
19. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2024, along with Audit Report
20. Unaudited Standalone Financial Results for the Quarter ended June 30, 2024, along with Limited Review Report
21. Unaudited Standalone Financial Results for the Quarter ended September 30, 2024, along with Limited Review Report
22. Unaudited Standalone Financial Results for the Quarter ended December 31, 2024, along with Limited Review Report
23. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2025, along with Audit Report
24. Unaudited Standalone Financial Results for the Quarter ended June 30, 2025, along with Limited Review Report
25. Unaudited Standalone Financial Results for the Quarter ended September 30, 2025, along

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with Limited Review Report

26. Unaudited Standalone Financial Results for the Quarter ended December 31, 2025, along with Limited Review Report
27. To consider and approve the Audited Financial Result (Standalone) of the Company for the quarter and year ended March 31, 2026, along with Audit Report
28. To consider any other business with the permission of the Chairperson.

Further, pursuant to the provisions of SEBI (Prohibition of Insider Trading) Regulations, 2015 read with BSE Circular no. LIST/COMP/01/2019-20 dated April 02, 2019 and as per the terms of "Code of Conduct for Regulating, Monitoring and Reporting of Trading by Insiders" of the Company ('the Code'), the trading window closure for dealing in securities of the Company commenced from April 01, 2026 and will end 48 hours after the declaration of the Audited Financial Results of the Company for the quarter and year ended March 31, 2026, for all insiders, designated persons and their immediate relatives as defined in the Code of the Company.

Kindly take the same on your records and acknowledge the receipt.

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

Arvind Pradhan Bhanushali
Managing Director
DIN: 00134211