



Source Natural Foods and Herbal Supplements Limited

Registered Office: 201, 11th Floor, Sumeru Towers,
#54/46, 39th A Cross, 11th Main Road,
Jayanagar 4th T Block, Bangalore - 560 041
Phone: +91-80-26087733
Email: info@source-natural.com
Website: www.source-natural.com
CIN: L24231KA1995PLC101742

Date: May 23, 2026

To,
The Department of Corporate Services,
BSE Limited, 25th Floor, PJ Towers,
Dalal Street, Mumbai – 400 001

Scrip Code – 531398

Dear Sir/Madam,

Sub: Intimation regarding Board Meeting under Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements), Regulations, 2015 (“Listing Regulations”)

This is to inform you that a meeting of Board of Directors of the Company is scheduled to be held on Thursday, May 28, 2026, to consider and approve the audited financial results of the Company for the quarter and year ended March 31, 2026, amongst other matters.

Further, in accordance with the Company's Code of Conduct for Prohibition of Insider Trading, adopted by the Board pursuant to SEBI (Prohibition of Insider Trading) Regulations, 2015, the trading window for dealing in the securities of the Company is closed for the designated persons and their immediate relatives from April 01, 2026, till 48 hours after the announcement of financial results of the Company.

This is for your information and appropriate dissemination.

Thanking You,
Yours faithfully,

For Source Natural Foods and Herbal Supplements Limited

Yash Jain
Company Secretary