

Date: 18 August, 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Case Studies.

Dear Sir/Madam,

Pursuant to Regulation 30 of SEBI (LODR) Regulations, 2015, we wish to inform you that case studies authored by medical professionals associated with Jeena Sikho Lifecare Limited, including our Managing Director, senior consultants, and Ayurvedic experts, have been published in the “*Academia Journal of Medicine* and *Prakriti - The International Multidisciplinary Research Journal*”

These publications demonstrate the Company’s ongoing commitment to Ayurvedic research and evidence-based clinical practice. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Case Study	Managing Vandhyatva With Ayurveda: A Case Study on Restoring Garbha Sambhava Samagri	https://www.acspublisher.com/journals/index.php/ajm/article/view/25068
2.	Case Study	Ayurvedic Management of Chronic Kidney Disease (Vrikka Roga): A Case Study	https://www.acspublisher.com/journals/index.php/ajm/article/view/25066
3.	Case Study	Management of Vrikk Rog Through Ayurvedic Principles: A Case-based Perspective	https://www.acspublisher.com/journals/index.php/ajm/article/view/25067
4.	Case Study	Ayurvedic Management of Acute Kidney Disease in Garbhavastha Janita Raktachaap – A Clinical Case Study	https://www.acspublisher.com/journals/index.php/pimrj/article/view/25061
5.	Case Study	Integrative Ayurvedic Management of Arsha (Piles) in an Elderly Patient: A Case Study Combining Kshara Sutra Ligation, Shamana Chikitsa, Diet and Lifestyle Modifications	https://www.acspublisher.com/journals/index.php/pimrj/article/view/25063

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

6.	Case Study	Comprehensive Ayurvedic Approach to Mutravaha Srotas Dushti in Chronic Kidney Disease: Clinical Evidence from a Case Study	https://www.acspublisher.com/journals/index.php/pimrj/article/view/25062
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Links of all the case studies are enclosed for your records.

The above information is also available on the Company's website at www.jeenasikho.com

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 18.08.2026**

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