Jeena Sikho
Health | Wealth | Happiness

Date: 28th September, 2026

To, Manager - Listing Compliance **National Stock Exchange of India Limited** 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	**To,** Head of the Department, Department of Listing Operation, **BSE Limited** Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476

Subject: Summary of the proceedings of 9th Annual General Meeting of Jeena Sikho Lifecare Limited ("Company") held on Monday, September 28, 2026 at 12:00 Noon (IST) at First Floor, Parle G Godown, City Enclave, Back Side JP Hospital, Near Anand Complex, Zirakpur Main Road, SAS Nagar, Punjab 140603.

Ref: Disclosure under Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations").

Dear Sir/ Ma'am,

We wish to inform that the 09th Annual General Meeting ("**AGM**") of the Company was held today, i.e., on **Monday, September 28, 2026** at First Floor, Parle G Godown, City Enclave, Back Side JP Hospital, Near Anand Complex, Zirakpur Main Road, SAS Nagar, Punjab 140603 to transact the businesses as stated in the Notice of the 09th AGM dated August 31, 2026.

As required under Regulation 30 read with Part A of Schedule III to the SEBI Listing Regulations, we are enclosing herewith the Summary of proceedings of the 09th AGM, as **Annexure-A**.

You are requested to kindly take the above information on your records.

Thanking You,

Yours Faithfully,
For and on behalf of
Jeena Sikho Lifecare Limited

MANISH GROVER
Digitally signed by MANISH GROVER
Date: 2026.09.28 17:35:27 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab

Annexure-A

Summary of Proceedings of 9th Annual General Meeting (the "AGM") of the Company held on September 28, 2026.

We hereby inform you that the 9th Annual General Meeting (the "AGM") of the Company was held on Monday, September 28, 2026 at 12.00 Noon and concluded at 01:10 P.M. at First Floor, Parle G Godown, City Enclave, Back Side JP Hospital, Near Anand Complex, Zirakpur, Main Road, SAS Nagar, Punjab 140603.

Ms. Priya Goyal welcomed and introduced the Board of Directors and Scrutinizers to the 9th Annual General Meeting (the "AGM").

Mr. Manish Grover, **Managing Director** of the Company, occupied the chair and welcomed all the Members and invitees present at the meeting and conducted the proceedings of the AGM.

The requisite quorum being present, the Chairman called the Meeting to order. Thereafter, the Notice of the 9th Annual General Meeting was taken as read as the same was already circulated to the Members.

Further, the Chairman informed the Members that the **Statutory Auditors' Report did not contain any qualifications, observations, comments or other remarks requiring attention of the Members, except as otherwise stated."**

Ms. Priya Goyal, Company Secretary and Compliance Officer, informed the Members that the Company has availed the services of NSDL for providing a facility for conducting electronic voting through e-voting on the items placed at the notice calling 9th Annual General Meeting of the Company. She also informed that the Statutory Registers were available for inspection during the meeting.

The remote e-voting facility as made available from Friday, September 25, 2026 at 9:00 A.M. to Sunday, September 27, 2026 at 5:00 P.M. Members who had not availed themselves of the remote e-voting facility were provided an opportunity to vote at the AGM through the electronic voting facility.

The Company Secretary informed the Members that M/s Rawal & Co, Practising Company Secretaries, was appointed as the Scrutinizer to supervise the voting process at the AGM and remote e-voting process in a fair and transparent manner.

The Chairman apprised the Members on the performance of the Company for the Financial Year 2025-2026.

Following items ware transacted at the AGM:

S. No.	Particulars	Type of Resolution
A.	**Ordinary Business**	
1.	To receive, consider and adopt the Audited Standalone Financial Statements of the Company for the financial year ended 31st March, 2026, together with the Reports of the Board of Directors and the Statutory Auditors thereon	Ordinary Resolution
2.	To receive, consider and adopt the Audited Consolidated Financial Statements of the Company for the financial year ended 31st March, 2026, together with the Reports	Ordinary Resolution

	of the Board of Directors and the Statutory Auditors thereon	
3.	To declare a final dividend of ₹4.50/- per equity share of face value of ₹2/- each for the financial year ended March 31, 2026.	Ordinary Resolution
4.	To reappoint Mrs. Bhavna Grover (DIN: 07557913) as the Director, who retires by rotation & being eligible, offers herself for re-appointment.	Ordinary Resolution
B.	**Special Business**	
5.	To Reappoint Mr. Karan Vir Bindra (DIN: 09283623) as an Independent Director of the Company	Special Resolution
6.	To Reappoint Mrs. Bhavna Grover (DIN: 07557913) as a Whole-time Director and Key Managerial Personnel of the Company.	Special Resolution
7.	To Reappoint Mr. Manish Grover (DIN: 07557886), as Managing Director and Key Managerial Personnel of the Company.	Special Resolution
8.	To Appoint Mr. Ajay Sharma (DIN: 07671350) as a Non-Executive Independent Director of the Company.	Special Resolution
9.	To Appoint Mrs. Sapna Singh (DIN: 11812894) as a Non-Executive Woman Independent Director of the Company.	Special Resolution
10.	To Appoint Dr. Ish Sharma (DIN: 11815526) as a Director of the Company.	Ordinary Resolution
11.	To Appoint Dr. Ish Sharma (DIN: 11815526) as a Whole-Time Director and Key Managerial Personnel of the Company.	Ordinary Resolution
12	To Appoint Mr. Ankush Kaushal (DIN: 03308862) as a Director of the Company.	Ordinary Resolution
13	To Appoint Mr. Ankush Kaushal (DIN: 03308862) as a Whole-Time Director and Key Managerial Personnel of the Company.	Ordinary Resolution
14	To take approval of members for granting loan, giving guarantee and/or providing security to all person covered under Section 185 of the Companies Act, 2013.	Special Resolution
15	To take approval for members for granting loans, giving guarantees or securities and making investments under Section 186 of the Companies Act, 2013.	Special Resolution

It was informed that the voting results along with the Scrutinizer's Report would be announced within 2 working days from the conclusion of the AGM.

The Company Secretary then invited the Members to ask their queries, give suggestion and seek clarifications, if any and the same were responded by Mr. Manish Grover, Managing Director of the Company.

The scrutinizer announced that the results will be announced within 2 working days from the conclusion of the Annual General Meeting.

The Chairman thanked the Members for attending the AGM and declared the Meeting to be concluded.

The above said information is being made available on the Company's website at www.jeenasikho.com.

Thanking You
Yours Faithfully,

For **Jeena Sikho Lifecare Limited**

MANISH GROVER
Digitally signed by MANISH GROVER
Date: 2026.09.28 17:35:44 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Date: 28.09.2026
Place: Zirakpur, Punjab