

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

Date: 06th October 2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
--	--

Dear Sir/Madam,

Subject: Intimation under Regulation 30 - Resignation of Chief Financial Officer (Key Managerial Personnel) of the Company

Pursuant to Regulation 30 read with Schedule III of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby inform you that Chief Financial Officer have tendered their resignation from the Company:

1. **Mr. Satish Sahadev Kalmaste** has resigned from the position of Chief Financial Officer of the Company, with effect from 06th October 2026, due to personal reasons, further he has confirmed that there are no other material reasons for his resignation other than as mentioned above.

The details as required under SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13, 2023, and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/2023/120 dated July 11, 2023, are provided as per **"Annexure - A"**.

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

Shilpa Singh
Digitally signed
by Shilpa Singh
Date: 2026.10.06
16:21:07 +05'30'
Shilpa Singh
Director
DIN: 08448114

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

“ANNEXURE-A”

Disclosure of events and information pursuant to Regulation 30 read with Schedule III - Para A(7B) of Part A of the Listing Regulations (as applicable) and SEBI Circular No. SEBI/HO/CFD/CFDPoD-1/P/CIR/2023/123 dated 13th July 2023 (‘SEBI Circular’)

Details of events that need to be provided	Information of Event
Reason for change viz., appointment, resignation, removal, death or otherwise	Resignation from the Post of Chief Financial Officer with effect from of 06 th October 2026.
Date of appointment /Cessation (as applicable) & term of appointment	06 th October 2026
Brief profile (in case of appointment)	NA
Relationships between directors (in case of appointment of a director)	NA

Date: 06th October 2026

To,
The Board of Directors
TALWALKARS BETTER VALUE FITNESS LIMITED
CIN: L92411MH2003PLC140134
1702, 17th Floor, Signature (By Lotus),
Off Veera Desai Road Extn., Andheri West,
Andheri, Mumbai, Maharashtra – 400053

Subject: Resignation from the office of Chief Financial Officer

Dear Sir/Madam,

I, Satish Sahadev Kalmaste, due to personal reasons, hereby tender my resignation from the office of Chief Financial Officer of the Company with effect from 06th October 2026.

I hereby confirm that there are no other material reasons for my resignation other than as mentioned above.

I kindly request the Board of Directors to take note of my resignation from the office of Chief Financial Officer and relieve me from the said position with effect from 06th October 2026. I further request the Company to make the necessary statutory filings and intimations with the Registrar of Companies and other applicable authorities, as may be required under the applicable provisions of law, to give effect this resignation.

I take this opportunity to thank the Board of Directors and the management for their continued support and cooperation.

Kindly acknowledge receipt of this resignation letter and take the same on record.

Thanking you,

Yours faithfully,



SATISH SAHDEV KALMASTE
PAN: AMOPK2226N