

Date: 04th August 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Sub: Intimation of Meeting of Board of Directors Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Dear Sir/Ma'am,

Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby inform you that a meeting of the Board of Directors of the Company is scheduled to be held on **Friday, 07th day of August, 2026**, at the Registered Office of the Company situated at SCO 11, First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab – 140604, inter alia, to:

1. Consider and approve the Unaudited Financial Results (Standalone and Consolidated) of the Company for the quarter ended 30th June 2026, along with Limited Review Report thereon.
2. To consider any other matter with the permission of the Chairperson.

Further, as intimated earlier dated June 26, 2026, pursuant to the provisions of the SEBI (Prohibition of Insider Trading) Regulations, 2015 read with the Company's Code of Conduct for Prohibition of Insider Trading, as amended from time to time, the Trading Window shall remain closed for dealing in securities of the Company for all Designated Persons w.e.f., July 01, 2026, till 48 hours after the declaration of the Unaudited Financial Results of the Company for the Quarter ended June 30, 2026.

The above intimation is also being made available on the Company's website at www.jeenasikho.com

Kindly take the above information on record.

Thanking you,
Yours faithfully,

For Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab
Date: 04.08.2026

JEENA SIKHO LIFECARE LIMITED

120* AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
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