

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

Date: 05-10-2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
--	--

Dear Sir/Madam,

Subject: Outcome without Intimation of Board Meeting held on Monday, 05th October 2026 - Talwalkars Better Value Fitness Limited ("the Company")

we hereby submit the outcome without intimation of Board Meeting held on Monday, 05th October 2026, inter alia considered and transacted the following business:

01. Appointment of Mr. Jiten Chhaganlal Chandra [DIN: 07965371] as Non-Executive Additional Director of the Company.

The Based on the recommendation of the Nomination and Remuneration Committee, the Board of Directors has appointed Mr. Jiten Chhaganlal Chandra [DIN: 07965371] as Non-Executive Additional Director of the Company w.e.f. 05th October 2026, subject to the approval of regulatory/statutory authorities and the shareholders of the Company at the ensuing General Meeting.

The details as required under SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13, 2023, and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/2023/120 dated July 11, 2023, are provided as per "Annexure - A".

02. Resignation of Ms. Meena Arvind Bhanushali (DIN: 10816424) as Managing Director of the company.

The Board of Directors has taken note on the Resignation of Ms. Meena Arvind Bhanushali (DIN: 10816424) from the position of Managing Director from closure of working hours on Monday, 05th October 2026 of the company.

The details as required under SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13, 2023, and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/2023/120 dated July 11, 2023, are provided as per "Annexure - B".

03.

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri,
Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

The Meeting commenced at 05:00 PM and concluded at 05:15 PM.

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

Shilpa Singh

Digitally signed
by Shilpa Singh
Date: 2026.10.05
17:35:31 +05'30'

Shilpa Singh
Director
DIN: 08448114

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

“ANNEXURE-A”

Disclosure of events and information pursuant to Regulation 30 read with Schedule III - Para A(7B) of Part A of the Listing Regulations (as applicable) and SEBI Circular No. SEBI/HO/CFD/CFDPoD-1/P/CIR/2023/123 dated 13th July 2023 ('SEBI Circular')

Details of events that need to be provided	Information of events
Reason for change viz., appointment, resignation, removal, death or otherwise	Appointment of Non-Executive Additional Director
Date of appointment / Cessation (as applicable) & term of appointment	05 th October 2026
Term of Appointment	N.A.
Brief profile (in case of appointment)	Mr. Jiten Chhaganlal Chandra has been associated with Violet Media LLP since 2018. During her tenure, he has gained experience in the digital advertising and business operations domain. He has been actively involved in coordinating business activities, client relationships and supporting the overall operational functions of the organization.
Relationships between directors (in case of appointment of a director)	Not Related to any Director of the board
Names of listed entities in which the Appointing Director holds directorship (in case of appointment of a director)	NIL
Affirmation pertaining to non-debarment from holding the office of Directors by virtue of any SEBI order or any other such authority	Ms. Jiten Chhaganlal Chandra is not debarred from accessing capital markets and / or restrained from holding the office of director by virtue of any order of the SEBI or any other such authority.

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri,
Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

“ANNEXURE-B”

Disclosure of events and information pursuant to Regulation 30 read with Schedule III - Para A(7B) of Part A of the Listing Regulations (as applicable) and SEBI Circular No. SEBI/HO/CFD/CFDPoD-1/P/CIR/2023/123 dated 13th July 2023 ('SEBI Circular')

Details of events that need to be provided	Information of Event
Reason for change viz., appointment, resignation, removal, death or otherwise	Resignation from the Post of Managing Director with effect from closure of Working Hours of 05 th October 2026.
Date of appointment /Cessation (as applicable) & term of appointment	05 th October 2026
Brief profile (in case of appointment)	NA
Relationships between directors (in case of appointment of a director)	NA