

Date: 19th June, 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Sub: Disclosure under Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended (“SEBI Listing Regulations”) – Sale of Land and Building

Dear Sir/Madam,

Pursuant to Regulation 30 read with Schedule III of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 (“SEBI Listing Regulations”), as amended, we wish to inform you that the Board of Directors of Jeena Sikho Lifecare Limited (“Company”) at its meeting held today, i.e. June 19, 2026, has approved the sale of land and building admeasuring approximately 11 Bigha 02 Biswa 13 Biswasi, situated at Village Devinagar, Tehsil Derabassi, District S.A.S. Nagar (Mohali), Punjab to *M/s VSB Enterprises, a Partnership Firm* for an aggregate consideration of ₹9,05,00,000/- (Rupees Nine Crores Five Lakhs Only), subject to execution of definitive transaction documents and such terms and conditions as may be mutually agreed between the parties.

The land and building proposed to be sold is presently being utilized for the business operations of the Company. However, pursuant to the proposed sale, the Company shall continue to use and occupy the said land and building under a lease arrangement to be entered into with the purchaser. Accordingly, the proposed transaction will not result in closure, discontinuation or material disruption of any business operations of the Company and the Company shall continue its operations from the said premises.

Further, the proposed sale does not constitute sale, lease or disposal of an undertaking or substantially the whole of an undertaking of the Company within the meaning of Section 180(1)(a) of the Companies Act, 2013

The purchaser is not related to the Promoter, Promoter Group or Group Companies of the Company and the transaction does not fall within the ambit of Related Party Transactions. None of the Promoters, Directors, Key Managerial Personnel or their relatives are concerned or interested, financially or otherwise, in the aforesaid transaction.

The details with respect to the above sale as required under Regulation 30 of SEBI Listing Regulations read with SEBI circular SEBI/HO/CFD/CFD-PoD1/P/CIR/2023/123 dated 13th July, 2023 and HO/49/14/14(7)2025-CFD-POD2/I/3762/2026 dated January 30, 2026 is enclosed as **Annexure A**.

The above information is also available on the Company’s website www.jeenasikho.com

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

The Meeting of the Board of Directors of the Company commenced at 5:30 PM and concluded at 8:30 PM.

Kindly take the above intimation on record.

Thanking you,

Yours faithfully,
For Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab

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Annexure-A

Details under Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with the SEBI circular SEBI/HO/CFD/CFD-PoD1/P/CIR/2023/123 dated 13th July, 2023 and HO/49/14/14(7)2025-CFD-POD2/I/3762/2026 dated January 30, 2026

Sr. No.	Items for Disclosure	Description
1.	The amount and percentage of the turnover or revenue or income and net worth contributed by such unit or division of the listed entity during the last financial year	<p>The proposed transaction pertains to the sale of land and building currently being utilized for the business operations of the Company. The revenue generated from the operations carried out from the said premises during the financial year ended March 31, 2026 amounted to ₹46.47 crores, representing approximately 6% of the revenue from operations of the Company as per its last audited financial statements.</p> <p>The carrying value of the land and building proposed to be sold as on March 31, 2026 was approximately ₹3.35 Crores, representing approximately 0.72% of the net worth of the Company as per its last audited financial statements.</p> <p>However, pursuant to the proposed sale, the Company shall continue to use and occupy the said premises under a lease arrangement to be entered into with the purchaser. Accordingly, the proposed transaction will not result in closure, discontinuation or material disruption of the business operations carried out from the said premises and does not involve the sale or disposal of any undertaking or business division of the Company.</p>
2.	Details of land and building	Land and building admeasuring 11 Bigha 02 Biswa 13 Biswasi, situated at Village Devinagar, Tehsil Derabassi, District S.A.S. Nagar (Mohali), Punjab.
3.	Name(s) of parties with whom the agreement is entered	<p>Seller: Jeena Sikho Lifecare Limited (“JSLL”)</p> <p>Purchaser: M/s VSB Enterprises, a Partnership Firm</p>

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4.	Purpose of entering into the agreement	Monetization of the land and building asset of the Company while ensuring continuity of business operations through a lease-back arrangement with the purchaser
5.	Date on which the agreement for sale has been entered into	The Board of Directors of the Company has approved the proposed sale of the land and building on 19th June, 2026. The Agreement to Sell and other definitive transaction documents are proposed to be executed subsequently between the parties in accordance with the terms and conditions approved by the Board.
6.	The expected date of completion of sale/disposal	The transaction is proposed to be completed upon fulfilment of conditions precedent, payment obligations and execution/registration of the Sale Deed.
7.	Consideration received from such sale/disposal	Aggregate sale consideration of ₹9,05,00,000/- (Rupees Nine Crores Five Lakhs Only).
8.	Brief details of buyers and whether any of the buyers belong to the promoter/promoter group/group companies. If yes, details thereof	M/s VSB Enterprises, a Partnership Firm having its office at House No. 619, Sector-18B, Chandigarh – 160018 The purchaser does not belong to the Promoter / Promoter Group / Group Company (ies) of the Company
9.	Whether the transaction would fall within related party transactions? If yes, whether the same is done at “arm’s length”	The transaction does not fall under the ambit of Related Party Transaction(s).
10.	Whether the sale, lease or disposal of the undertaking is outside Scheme of Arrangement? If yes, details of the same including compliance with regulation 37A of LODR Regulations	The proposed transaction is not part of any Scheme of Arrangement.
11.	Additionally, in case of a slump sale, indicative disclosures provided for amalgamation/merger, shall be disclosed by the listed entity with respect to such slump sale. For the purpose of this sub-clause, "slump sale" shall mean the transfer of one or more undertakings, as a result of the sale for a lump sum consideration, without values being assigned to the individual assets and liabilities in such sales.	Not Applicable

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12.	Any other significant terms of the agreement	Pursuant to completion of the sale transaction, the Company proposes to continue using the land and building for its business operations under a lease arrangement to be entered into with the purchaser, on mutually agreed terms and conditions. Accordingly, the transaction shall not result in closure or discontinuation of operations at the said premises.
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