

Date: 25th May, 2026

<p>To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL</p>	<p>To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476</p>
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Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Case Studies and Case Report.

Dear Sir/Madam,

Pursuant to Regulation 30 of SEBI (LODR) Regulations, 2015, we wish to inform you that case studies and case reports authored by medical professionals associated with Jeena Sikho Lifecare Limited, including our Managing Director, senior consultants, and Ayurvedic experts, have been published in the “*International Journal of Ayurveda and Herbal Research (IJAHR), International Journal of Ayurveda and Herbal Research, 2026, Journal of Ayurveda and Integrated Medical Sciences (JAIMS), Ayurvediya Adhyan: Global Journal of Ayurveda, Yoga and Integrative Medicine*”.

These publications demonstrate the Company’s ongoing commitment to Ayurvedic research and evidence-based clinical practice. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Case Study	Ayurvedic Management Of Uchcharaktachap: A Clinical Case And Therapeutic Insights	https://ahr.a2zjournals.com/index.php/ahr/article/view/147
2.	Case Study	Arbuda with Yakrit Ashrita Roga: An Ayurvedic Case Study on Gastrointestinal Stromal Tumor with Liver Metastasis	https://ahr.a2zjournals.com/index.php/ahr/article/view/152/105
3.	Case Report	Management of Vrikka Vikara (CKD) and Raktagata Vata (HTN): A Case Report	https://ahr.a2zjournals.com/index.php/ahr/article/view/148/101
4.	Case Study	A Comprehensive Review of Ayurvedic Interventions in the Management of Chronic Kidney Disease: A Case Study	https://ahr.a2zjournals.com/index.php/ahr/article/view/150/103
5.	Case Study	Management of Vrikka vikara (Chronic Kidney Disease) Through Ayurveda: A Holistic Approach	https://ahr.a2zjournals.com/index.php/ahr/article/view/149

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-II, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762- 513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

6.	Case Report	Integrated Ayurvedic Management of Chronic Kidney Disease, Hypertension, and Diabetes: A Case Report	https://ahr.a2zjournals.com/index.php/ahr/article/view/151/104
7.	Case Study	Ayurveda-Based Integrative Therapeutics for Vandhyatva (Female Infertility): A Clinical Case Study	https://jaims.in/jaims/article/view/6516
8.	Case Study	Clinical Management of Beej Granthi (Ovarian Cyst) through Nidan Parivarjana, Ahar-Vihar Regulation, and Shamana Chikitsa: A Case Study	https://jaims.in/jaims/article/view/6519
9.	Case Study	Management of Stana Granthi (Fibroadenosis) through Kapha-Vata Shamana and Amapachana: A Case Study	https://jaims.in/jaims/article/view/6520
10.	Case Study	Kumbha Kamala: An Ayurvedic Approach to Liver Cirrhosis Management – A Case Study	https://www.vedadhyan.com/media/post/AYUR-2-3-2.1.pdf
11.	Case Study	Madyapan Janita-Yakrit-Rogah: A Case Study on Ayurvedic Management	https://www.vedadhyan.com/media/post/AYUR-2-3-3.1.pdf
12.	Case Study	Vrikk Vyadhi Chikitsa: An Ayurvedic Case Study on Complete Management of Chronic Kidney Disease	https://www.vedadhyan.com/media/post/AYUR-2-3-5.1.pdf
13.	Case Study	A Case Study on the Ayurvedic Management of End-Stage CKD with Type II Diabetes Mellitus and Hypertension: Restoring Balance and Health	https://www.vedadhyan.com/media/post/AYUR-2-3-4.1.pdf

Links of all the articles and case studies are enclosed for your records.

The above information is also available on the Company's website at www.jeenasikho.com

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 25.05.2026**

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