



July 30, 2026

To,
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
NSE Symbol: SFL

Subject: Prior Intimation of Board Meeting

Dear Sir/Madam,

Pursuant to the provisions of Regulation 29 and Regulation 50 (1) of the Securities and Exchange Board of India (Listing obligations and Disclosure Requirements) Regulations, 2015, we hereby intimate that the meeting of the Board of Directors of the Company is scheduled to be held on Thursday, August 04, 2026 inter-alia to consider and approve the un-Audited Standalone & Consolidated financial results of the Company for the quarter ending June 30, 2026.

Please note that the Trading Window for dealing in the securities of the Company by the Designated Persons and their immediate relatives has been closed from April 01, 2026, and shall remain closed until 48 hours after the declaration of the aforementioned Audited Financial Results to the Stock Exchanges.

Thanking You,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower, Sector 135, Noida- 201301

Ph: Int-91-120-4868400 • Email: investorrelation@sheelafoam.com • contactus@sheelafoam.com

Regd. Office: 1002 to 1006 The Avenue, International Airport Road, Opp Hotel Leela Sahar,
Andheri East, Mumbai, Maharashtra, India, 400059 • Ph: Int-91-22-28265686/88/89

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN- L74899MH1971PLC427835