

Date: 21st May 2026

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| To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL | To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476 |
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Sub: Prior Intimation of Meeting of Board of Directors Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 (The 'Listing Regulations').

Dear Sir/Ma'am,

Pursuant to Regulation 29 and 33 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby inform you that a meeting of the Board of Directors of the Company is scheduled to be held on **Saturday, 30th day of May, 2026**, at the Registered Office of the Company situated at SCO 11, First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab – 140604, inter alia, to:

1. Consider and approve the Audited Financial Results (Standalone and Consolidated) of the Company for the quarter and financial year ended 31st March, 2026 along with the Auditors' Report thereon (Standalone and Consolidated).
2. Consider and recommend Final Dividend, if any, for the financial year 2025-26.

Further, as intimated earlier dated 23rd March 2026, pursuant to the provisions of the SEBI (Prohibition of Insider Trading) Regulations, 2015 and the Insider Trading Prohibition Code of the Company, as amended from time to time, the Trading Window shall remain closed for dealing in securities of the Company for all Designated Persons from Wednesday, April 01, 2026, till 48 hours after the declaration of the Audited Financial Results of the Company for the Quarter and Financial Year ended March 31, 2026.

The above intimation is also being made available on the Company's website at www.jeenasikho.com

Kindly take the above information on record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 21.05.2026**

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com